

# What Happens Next Checklist

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Congratulations, by completing the information session, you have completed the first step toward Bariatric Surgery and a new healthier you! Below is a checklist to help guide you through the process. **All of these steps must be completed before you will be able to proceed with surgery.**

- Fill out the medical history form online (preferred) OR you may print it from the website and fill it out and fax it to 706-292-7364 or 706-292-7729.
- Each insurance plan has its own unique set of requirements.* We will contact your provider and verify coverage and requirements, but we strongly suggest that you call them, as well. We would like to compare the requirements that we are given with what you are given to make sure that we have received accurate information. In doing this, you will be able to proceed with the requirements that have been set by your insurance company and avoid any delays. A form with appropriate questions to ask them is attached for your convenience.
- When we have the information from your insurance company we will call you to have a one on one conversation with you regarding coverage and requirements.

**The items above must be done before you will be able to see the surgeon for a consultation. The surgeon's office will call you to set up a consultation appointment. The office is located at the Harbin Clinic, 1825 Martha Berry Blvd. Rome, GA Phone 762-235-2100**

- Get a letter of referral from your primary care physician and fax it to the number above. There is a template \*\* on our website that you can print and take to your doctor to make this easier for him/her. If your insurance company requires medical clearance for surgery, there is a box at the bottom of the form that your PCP can check that will meet that requirement.
- After we discuss your benefits with you and you have decided to proceed with surgery, you may go ahead and schedule your appointment for your psychological evaluation. This does not have to be done prior to your consultation. If you already have a psychologist that you see then you may use them, but if you need some suggestions there are names and numbers below. You need to verify with them that they accept your insurance plan.
  - Harbin Clinic Behavioral Health 762-235-3640 Rome
  - Dr. Dennett Gordon 706-235-1400 Rome
  - Dr. D'Ann Downey 706-295-2498 Rome
  - Dr. Norlydia McBee 770-834-0995 Carrollton
  - Dr. John Bledsoe 706-602-0339 Calhoun
- We will give you information regarding the required dietitian visits and how to set those appointments up at your consultation with the surgeon. The \$600.00 Program Fee is due

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at your first visit with the dietitian. Unless we tell you otherwise, you WILL NOT be able to get started with that process until after that initial visit.

- If your insurance company requires you to complete any Medically Supervised Weight Loss, then we will discuss that with you when we call you to go over your requirements. This can often be done with our dietitian, which is our recommendation, but occasionally an insurance company will require it to be with a physician. There is a template \*\* on our website that will make this easy for your PCP to help you with this requirement. Again, not all insurance plans require this, so do not move forward with this until we have discussed it with you.
- You MUST get involved in a structured exercise program to aid in weight loss. This can be at a gym or home exercises. Please keep a log of the exercises that you do and how often you do them. Be prepared to turn this in to the dietitian at your consultation. This is for your benefit and will help you be successful in your weight loss efforts.
- If the surgeon determines that you need any additional testing to be cleared for surgery then we will help you make those appointments.
- As you complete your requirements and receive documentation from your physicians regarding medically supervised weight loss (if needed) or any tests that you may have had, please fax it to 706-292-7364. Please call Maegen at 706-509-5122 and leave her a message or email her at [mbolt@floyd.org](mailto:mbolt@floyd.org) to let her know that you have completed those appointments and/or have faxed documentations so that she can keep your file up to date.
- We will not be able to ask permission from insurance company to perform surgery until we have received **ALL** documentation that they require. To avoid delays in obtaining insurance approval, please be diligent in getting this information to us as soon as you receive it.
- We will contact you with a surgery date and a date for your preop appointment. If you are filing insurance, please keep in mind that we will not be able to proceed with surgery until we have approval from your insurance company to do so.

\*\*All forms can be found at <http://www.floydbariatrics.org/floyd-bariatrics-forms.html>

\*\*\*\*For questions regarding out of pocket deductibles and/or copays please contact your insurance company to get an estimate of benefits. Options for financing your deductibles or copay can be found at the bottom of the following page:

<http://www.floydbariatrics.org/floyd-bariatrics-surgery-insurance-and-financial-options.html>